

Pembrokeshire Family Information Service

Gwasanaeth Gwybodaeth i Deuluoedd Sir Benfro

Tel/Ffôn: 01437 763344

Email/Ebost:

fis@pembrokeshire.gov.uk



Would you like information, confidential help or advice about childcare, children's activities, raising children or family well-being?

Do you provide a service or activity for children or families?

A hoffech chi wybodaeth, cymorth neu gyngor cyfrinachol am ofal plant, gweithgareddau plant, magu plant neu les y teulu?

A ydych chi'n darparu gwasanaeth neu weithgaredd i blant neu deuluoedd?



www.pembrokeshire.gov.uk/fis



Llywodraeth Cynulliad Cymru
Welsh Assembly Government





We welcome calls from

- Parents and carers
- Employers
- Professionals
- Those currently running a childcare business or hoping to set one up
- Students and/or people looking into childcare as a career option
- Organisations providing services to children and families

We offer information on

- Childcare availability and facilities
- Child development and behaviour
- Education and family learning services
- Financial and legal services
- Health and well-being services
- Staying safe
- Support groups for parents and families
- Play, sport and other recreational facilities
- Local and national services for children and adults with disabilities

We offer impartial advice and guidance on a wide range of childcare and family support related issues.

Rydym yn croesawu galwadau gan y canlynol

- Rhieni a gofalwyr
- Cyflogwyr
- Gweithwyr proffesiynol
- Pobl sy'n rhedeg busnes gofal plant ar hyn o bryd neu sy'n gobeithio dechrau busnes o'r fath
- Myfyrwyr a/neu bobl sydd wrthi'n ystyried gofal plant fel gyrfa
- Sefydliadau sy'n darparu gwasanaethau i blant a theuluoedd

Rydym yn cynnig gwybodaeth am y canlynol

- Gofal plant sydd ar gael a'r cyfleusterau
- Datblygiad ac ymddygiad plentyn
- Gwasanaethau dysgu i'r teulu ac addysg
- Gwasanaethau ariannol a chyfreithiol
- Gwasanaethau iechyd a lles
- Cadw'n ddiogel
- Grwpiau cymorth i rieni a theuluoedd
- Cyfleusterau chwarae, chwaraeon a hamdden
- Gwasanaethau lleol a chenedlaethol i blant ac oedolion ag anableddau

Rydym yn cynnig cyngor ac arweiniad diduedd ynghylch amrywiaeth eang o faterion yn ymwneud â gofal plant a chymorth i deuluoedd.